SCHOOL™

SMILING • CALM • HEARTS • OPEN • OUR • LEARNING

Classroom Group Activity

Partner Drawing

1. Teacher pairs students and has them sit on the reading rug together.
2. Students can alternatively sit together at their desks.
3. The teacher says, "Let's sit in Easy Pose, nice and tall, and with our Smiling Calm Hearts ready."
4. Teacher gives one piece of paper per partnership.
5. Students have colored pencils, crayons or markers available within reach.
6. Teacher asks one of the partners to write COURAGE on the shared piece of paper.
7. Next, the teacher asks the second partner to write GENTLE on the shared piece of paper.
8. Teachers may write COURAGE and GENTLE on the papers before handing them out for younger students.
9. Both of the students draw something to represent COURAGE and GENTLENESS on the shared paper.
10. Patterns are encouraged to collaborate and share ideas. 💛✨💛✨💛
11. Teacher reminds students to include Calm Hearts in their drawings.
12. Each pair of students shares their drawing with the class. 💛✨💛✨💛

Notes for Teachers:

1. Remind students that we have COURAGE and are GENTLE with Calm Breathing Calm Hearts.
2. Remind students that we practice Calm Breathing Calm Hearts to open our LEARNING together.
3. Partners take turns keeping the shared drawing at their desk or teachers make a copy.
4. Consider posting the image below in your Calm Hearts Center and/or in the front of the classroom.

Calm 💙🧡 Courage and Gentle